

Program Learning Outcomes 2005-2008 Kinesiology AA

Mission/Purpose

The Department of Kinesiology, Health and Wellness is committed to provide students quality higher education instruction, relevant learning opportunities, affordable national certifications, and applicable professional experiences by (1) offering a comprehensive and contemporary inventory of academic courses/certifications (lecture, laboratory, & distance learning) within the respective fields of Kinesiology, Health, Wellness Promotion, Professional & Cultural Dance, Leisure Activities, Fitness, Team Sports, Aquatics and Martial Arts, (2) providing state-of-the-art facilities, equipment, and technology, and (3) ensuring faculty are (a) professional, competent, and dedicated collegiate educators, (b) specifically educated, trained, certified, and experienced within their fields of expertise, (c) community service advocates and practitioners, (d) pursuing professional development opportunities & experiences, and (e) seek grant funding that enhances department resourcing. Special programs sponsored by the department include the Institutional Wellness Program, as part of the VP-IS Special Programs.

Goals

G 1: Develop quality programs designed to meet

Develop quality programs designed to meet regional workforce and economic development priorities.

G 2: Develop quality workforce education, innovations

Develop quality workforce education, innovations, and economic development designed to exceed local industry standards and expectations.

G 3: Build a learning organization by cultivating

Build a learning organization by cultivating a culture of evidence that demonstrates mission-focused, data-driven decision making.

G 4: Kinesiology Department will implement assessment

Kinesiology Department will implement assessment tools to measure the program learning outcomes for all Kinesiology AA graduates.

G 5: Develop and promote seamless systems and process

Develop and promote seamless systems and processes from prospective student through successful exit to motivate and assist in timely graduation, transfer or employment.

G 6: Kinesiology Department will continue to develop

Kinesiology Department will continue to develop relationships with 4-year institutions and the community.

G 7: Encourage and provide up-to-date

Encourage and provide up-to-date professional development and skill enablement for faculty and staff.

Student Learning Outcomes, with Any Associations and Related Measures, Achievement Targets, Findings, and Action Plans

O 20: PLO: "Provide students with an overview of the

"Provide students with an overview of the rapidly expanding fields of physical education, exercise science, and sport, including both foundational knowledge and career opportunities. "

Related Measures:

M 3: "Kinesiology 1301 3 Essay Exams"

"Kinesiology 1301 3 Essay Exams"

Source of Evidence: Writing exam to assure certain proficiency level

Achievement Target:

70 % Standard on Essay Exams

Findings (2005-2008) - Achievement Target: Met

14/100%

Related Action Plans:

Exit Exam-research

Department Exit Exam required for all graduating Kinesiology Majors

Kinesiology 1301 research paper

For more information, see the *Action Plan Details* section of this report.

O 21: PLO: To develop the ability to research and

To develop the ability to research and write a documented paper that relates to the students Philosophy of Physical Education.

Related Measures:

M 7: "Kinesiology 1301 "Kinesiology 1301

"Kinesiology 1301 Instructor Evaluation of research paper"

Source of Evidence: Written assignment(s), usually scored by a rubric

Achievement Target:

70% Standard on Research Paper

Findings (2005-2008) - Achievement Target: Met

14/100% 2007-2008 AY: 12/100%

Related Action Plans:

Exit Exam-3 essay

Data from exit exam Feb 2009. Kinesiology 1301 3 essay exams.

For more information, see the *Action Plan Details* section of this report.

O 22: PLO: To understand and demonstrate writing and

To understand and demonstrate writing and speaking processes through preparation of an oral presentation to the class.

Related Measures:

M 8: "Kinesiology 1301 Instructor Evaluation of Oral Pr

"Kinesiology 1301 Instructor Evaluation of Oral Presentation"

Source of Evidence: Presentation, either individual or group

Achievement Target:

70% Standard on Oral Presentation

Findings (2005-2008) - Achievement Target: Met

14/100%; 2007-2008 AY: 12/100%

Related Action Plans:

Exit Exam-Oral Presentation

70% Standard passing rate on Oral Presentation. Kinesiology 1301

For more information, see the *Action Plan Details* section of this report.

O 23: PLO: Introduction to the field of teaching.

Introduction to the field of teaching. Emphasis is placed on learning outcomes and teaching methods that relate to teaching Physical Education Academic and Activity Classes.

Related Measures:

M 9: "Kinesiology 1301 Essay Exam"

"Kinesiology 1301 Essay Exam"

Source of Evidence: Writing exam to assure certain proficiency level

Achievement Target:

70%

Findings (2005-2008) - Achievement Target: Met

14/100%; 2007-2008 AY: 12/100%

Related Action Plans:

Exit Exam-Essay exam

Essay Exam on teaching Physical Education. Kinesiology 1301

For more information, see the *Action Plan Details* section of this report.

O 24: PLO: To develop a cognitive and practical unders

To develop a cognitive and practical understanding of first aid skills and techniques designed to treat injuries and possibly save lives.

Related Measures:

M 10: "Kinesiology 1306 Universal component and specific

"Kinesiology 1306 Universal component and specific component exams as well as physical competency skills exams"

Source of Evidence: Writing exam to assure certain proficiency level

Achievement Target:

70%

Findings (2005-2008) - Achievement Target: Met

14/100%; 2007-2008 AY: 12/100%

Related Action Plans:

Exit exam-Universal Components

Universal components for First Aid and Safety. Kinesiology 1306

For more information, see the *Action Plan Details* section of this report.

O 25: PLO: To develop the ability to promote safety and

To develop the ability to promote safety and preventative educational methods that reduce the risk of injury, accidents, and life-style related diseases.

Related Measures:**M 11: "Kinesiology 1306**

"Kinesiology 1306 Instructor evaluation of exams as well as physical skill demonstrations and oral assessment."

Source of Evidence: Other academic direct measure of learning (define)

Achievement Target:

70% Standard for Passing

Findings (2005-2008) - Achievement Target: Met

14/100%: 2007-2008 AY: 12/100%

Related Action Plans:**Exit Exam-Physical Skill Dem**

Physical Skill Demonstration in Kinesiology 1306/First Aid.

For more information, see the *Action Plan Details* section of this report.

M 14: Kinesiology 1144: Instructor evaluation of physica

Instructor evaluation of physical performance on standardized department skill exams.

Source of Evidence: Other academic direct measure of learning (define)

Achievement Target:

70%

Findings (2005-2008) - Achievement Target: Met

2007-2008 AY: 12/100%

Related Action Plans:**Exit Exam**

Exit Exam- Components of Fitness 2005-2008

For more information, see the *Action Plan Details* section of this report.

O 26: PLO: To understand the components of fitness and

To understand the components of fitness and the importance of exercise and nutrition as it related to healthy lifestyles

Related Measures:**M 12: "Kinesiology 1151 Instructor evaluation of physica**

"Kinesiology 1151 Instructor evaluation of physical performance on standardized departmental skill exams"

Source of Evidence: Standardized test of subject matter knowledge

Achievement Target:

70% Standard for Passing

Findings (2005-2008) - Achievement Target: Met

14/100%

Related Action Plans:**Exit Exam-Components of Fitness**

Data from oral presentation, essay exam and a battery of skill exams.
Kinesiology 1144.
For more information, see the *Action Plan Details* section of this report.

O 27: PLO: Students will understand the components of

Students will understand the components of various training techniques to enhance fitness levels and acquire necessary information to promote sound fundamental aspects of fitness as they advocate participation in lifelong fitness activities in their professional development activities.

Related Measures:

M 13: "Kinesiology 1151 Oral presentations, essay exams,
"Kinesiology 1151 Oral presentations, essay exams, successful completion of battery of physical skills exams"

Source of Evidence: Written assignment(s), usually scored by a rubric

Achievement Target:
70% Standard for Passing

Findings (2005-2008) - Achievement Target: Met
14/100%

Related Action Plans:

Exit Exam-Battery of Skill Exams
Battery of skill exams- Kinesiology 1144.
For more information, see the *Action Plan Details* section of this report.

M 15: Kinesiology 1144: Oral presentation

Oral presentations, essay, exams, successful completion of battery of physical skills event.

Source of Evidence: Written assignment(s), usually scored by a rubric

Achievement Target:
70%

Findings (2005-2008) - Achievement Target: Met
2007-2008 AY: 12/100%

Related Action Plans:

Exit Exam
Exit Exam - Battery of Skills Exam 2005-2008
For more information, see the *Action Plan Details* section of this report.
