



*South Texas
Leadership
Academy*

*For
Staff*

*June
25th & 26th
2009*

Office of Professional Development
 *Center for Teaching & Learning*
South Texas College

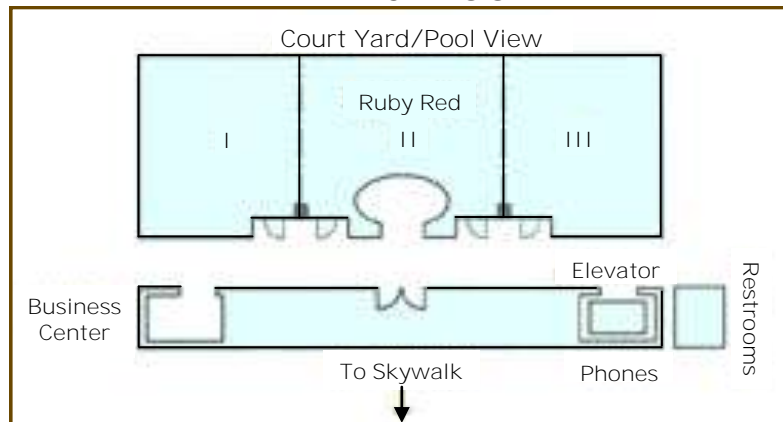


RENAISSANCE
CASA DE PALMAS HOTEL
McALLEN, TEXAS

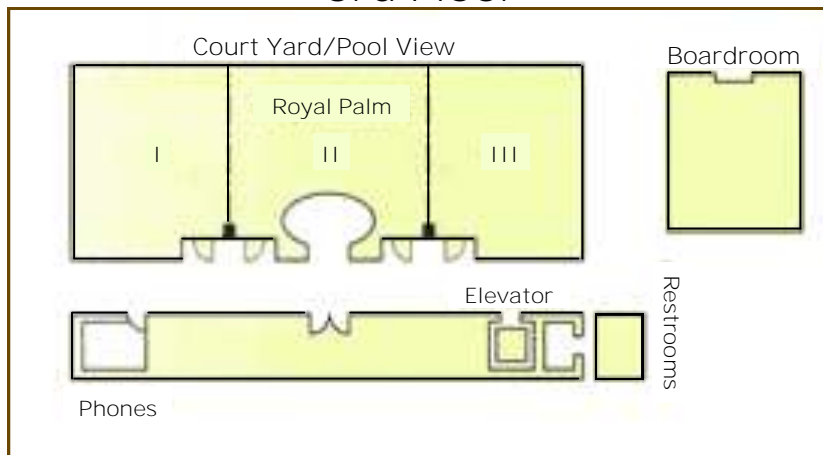
Agenda At-A-Glance

<u>Time</u>	<u>Activity</u>	<u>Location</u>
8:00 a.m. - 9:00 a.m.	Registration / Breakfast	Royal Palm Ballroom, 3rd Floor
9:00 a.m. - 10:30 a.m.	General Session	Ruby Red Ballroom, 2nd Floor
10:30 a.m. - 10:45 a.m.	AM Break	Terrace, 2nd & 3rd Floor
10:45 a.m. - 12:15 a.m.	General Session	Ruby Red Ballroom, 2nd Floor
12:15 a.m. - 1:15 p.m.	Lunch	Royal Palm Ballroom, 3rd Floor
1:15 p.m. - 2:30 p.m.	Breakout Session #1	Ruby Red Rooms, 2nd Floor
2:30 p.m. - 2:45p.m.	PM Break	Terrace, 2nd & 3rd Floor
2:45 p.m. - 4:00 p.m.	Breakout Session #2	Ruby Red Rooms, 2nd Floor

2nd Floor



3rd Floor



Keynote Speaker



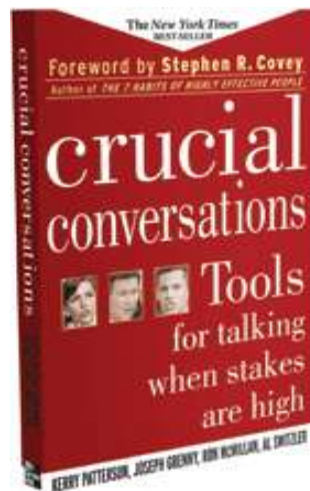
Pam Bergeron has spent her professional life in various leadership roles in higher education. She began her work at Lansing Community College in 1978 where she enjoyed a teaching career in dental health care education and delivery systems. She was particularly interested in employing active learning strategies to enhance student learning and retention. She moved to administration after 18 years of teaching and served as the Director of Employee Relations in the Human Resources Department.

Pam is currently applying the lessons learned from her teaching and administrative experience working with many colleges and businesses throughout the world. Pam has taken special interest in coaching managers, teachers and leaders to build a high performance strength-based culture in their organizations.

Pam holds memberships in the Society of Human Resource Management, was the Vice President for the Midwest Region of the National Council for Staff, Program and Organizational Development and is a licensed Dental Hygienist.

General Session

"Making Connections: Crucial Conversations"



"Many attempts to communicate are nullified by saying **too much**" - Robert Greenleaf

"I can win an argument on any topic, against any opponent. People know this, and steer clear of me at parties. Often, as a sign of their great respect, they don't even invite me." - Dave Barry

Session 1

Photoshop CS4 Training I (Limited to first 30 people, continues into Session 2)

By: Daniel Ramirez

Room: Royal Palm III



YOU MUST ATTEND BOTH SESSION 1 & 2

If you're just beginning to learn Adobe® Photoshop® CS4, this training course is your perfect jumping-on point. Photoshop CS4 for Beginners will walk you through a full range of Photoshop functions, tools and techniques, and place you well on your way to working like a pro. Highlights include:

- An introduction to Photoshop CS4 key concepts and user tools
- Step-by-step instruction on using the powerful Layers and Selections features
- Tips on adjusting, manipulating, and retouching digital photos and images
- Techniques for saving, outputting, and presenting your work

Interactive Team Building Exercises (Limited to first 20 people)

By: Luis M. Banda & Armando Ponce

Room: Ruby Red 1



This workshop is an educational adventure, leading participants to exciting discoveries about themselves and their roles as team members. It facilitates team-building with active problem solving activities that call on participants to think, plan, take risks, and support each other. These reality oriented physical exercises will cover communication, problem solving, decision making, planning and trust issues. Using ground level ropes and other portable props, workshop guides will facilitate the established goals of a participating group. **Debriefing after each exercise will allow for participant's reflection and discussion about the activity, how they approached the situation, and possible points of learning.**

Controlling Weight Thru Knowledge & Healthy Cooking

By: Patrick Woodin

Room: Ruby Red 2



Diets do not work! Come to this session to find out how to make healthy decisions when it comes to eating. Should you be looking for fat grams or sugar grams. Which carbs are good for you and which ones need to be limited? You might want that baked potato you have been eyeing on the menu, after all it is a vegetable. Come and learn why it should be on your not-so-good-to-eat list. This session will go over basic nutrition facts plus offer a full course meal demonstration. Move over Emeril, Patrick is in the house! Learn how to make a chicken, steak or salmon dinner in less than thirty minutes. Get here quick for front row seats!

Warning! Taste buds are required.

Photography in a Digital Age

By: Patrick Hamilton

Room: Ruby Red 3



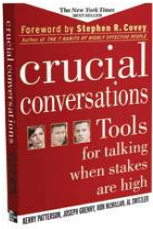
If you are an amateur photographer in your spare time or you just simply enjoy the art, this is the class for you. Our very own expert photographer Mr. Hamilton will take you on an exploration of the history of photography, you will look at and discuss the work of some of the craft's greatest practitioners and how their work pertains to digital photography. Participants will also learn the basics of exposure and composition - point of view and angle of view.

Session 2

Continuing the Crucial Conversations...With Courage, Heart and Skill

By: Pam Burgeron

Room: Ruby Red 2



Do any of these sound familiar?

A colleague recently informed you that a relatively new member of the team has made **disparaging comments about your job skills and work style**. You've not yet decided whether to have a conversation with the new team member, but you notice yourself withdrawing from interactions with him. You wonder, what is the best way to present indirect or hearsay facts in a crucial conversation?

After ten years of professional experience, you still show emotion during tense conversations and situations. Your eyes well up and you start to cry and that makes you **angry with yourself**. How can you keep emotions in check when you're facing a crucial conversation?

You have a coworker who is extremely overwhelmed by her workload. When she is offered help, she always seems to find a reason why that help won't work. She continues to complain about her workload and yet appears to refuse the support she is offered. In addition, she does not address the issue with her boss. She uses you as a sounding board.

This session is a continuation of the keynote address and will give you an opportunity to address situations like those described above as well as:

- Apply and practice the tools presented in the general session
- Prepare for a high stakes conversation that you need to have
- Discuss techniques to be persuasive not abrasive
- Rehearse a crucial conversation technique
- Execute a crucial conversation, not the coworker!

Creative Wellness

By: Rachael Brown

Room: Ruby Red 3



CJEA is a creative, holistic approach to many of the challenges in our daily lives. The techniques involve working with various artistic media including paint, drawing materials, and clay. Focus is placed on using your non-dominant hand to help better access and integrate the **functions of the right hemisphere of the brain, the 'creativity center', with the linear, organizational functions in the left brain**. CJEA methods also include journal writing, and listening and moving to music. Through practice of these methods and exercises, you can develop and improve your ability to meet everyday challenges. You will have tools to help alleviate stress, feel more creative about your approach to life, improve your ability to communicate with family, co-workers, and most importantly, understand and nurture the **'divine spark' within yourself**.

Mountain Tops in McAllen - Meditation for the Vertically Challenged

By: Bob Taylor

Room: Ruby Red 1



The economy is "in the tank", your investments are probably worth less now than a year ago, threats of a health crisis and global pandemics are tossed about in the media, unemployment is up, budgets are being cut. How can you cope with all the new stresses you face in addition to the regular daily demands of job, family, friends, finances, and other activities? You **probably do not have time or money to retreat to the mountains to seek out a 'guru' or answers to these vital issues**. So, why not bring the mountain to you? We will explore how you can deal with the pressures you face each day as well as the extra-ordinary events of our current world. **What is this 'magic potion'? Is it 'snake oil' or real relief?** Come learn more about practical meditation and how it might help you keep your sanity in an out-of-control world.

Presenters



Luis M. Banda is a Student Activities Specialist, working with students, faculty and staff to coordinate campus wide events; facilitates Student Leadership Academy workshops and service projects; serves as Student Government Association advisor; helps implement and **run the college's Intramural Sports programming and many other educational events.** Luis also helps encourage and support recognized student clubs and organizations.



Rachael Brown **has been teaching with STC's Art Department since 1997.** She has a strong interest in guiding her students through their discovery of creative talent and artistic **discipline.** She believes **it's important for students to discover and appreciate their own** creativity as well as that of others. Ultimately, teaching art is most rewarding because art demonstrates how we are all united as humans, and at the same time, we can express our individuality. Rachael is certificated in Creative Journal Expressive Arts. She has an MA in Art History, Certification in Museum Studies, and BA in Archeology, to which she added an MFA in Painting in 2006.



Patrick Hamilton spent more than 20 years covering news stories around the world as a photojournalist for the Associated Press and Reuters News Service, before becoming an English Instructor at South Texas College three years ago. He began his career in 1973 as a summer intern with the San Antonio Express-News, but was brought on as a full-time staff photographer halfway through his internship. In 1978 he became a staff photographer for the Associated Press, based in Mexico City, covering news stories in Mexico, Central America, Panama, and South America. In 1985, he was named Chief Photographer of the Northern Region of Latin America for Reuters News Service. He has photographed civil wars in Central America, political strife in Panama and Haiti, narco wars in Colombia, famine in Somalia, as well as ongoing stories in Cuba. He has also photographed numerous space shuttle launches at Kennedy Space Center, three Super Bowls, a World Cup soccer championship, and numerous other stories.



Armando Ponce holds a Bachelor's degree in Sociology from Texas A&M University-Kingsville and a Master's Degree in the same discipline from the University of Texas-Pan American. Armando has worked in education for five years and currently works in a supervisory capacity at STC where he oversees multiple programs that focus on student retention and success. Armando has also served as a Sociology instructor at both the university and community college level. Prior to working in education, Armando worked in social services for three years working with the mentally ill and with foster care children.



Daniel A. Ramirez is the Webmaster for STC and has been employed by the college for 5 years. Daniel was born and raised in Mission and graduated from Mission High School in 1995. From 1995 through 1998, he attended the Massachusetts Institute of Technology in Cambridge, MA. He earned his BS in Mathematics, with a minor in Computer Science, from **UTPA.** **As Webmaster, Daniel is responsible for STC's official web presence.** He provides design for all official STC websites, maintains and updates various department and division websites, provides training and support for software such as Dreamweaver, Photoshop, and Contribute. He also reviews all requests for access to the STC web server. Daniel also serves **as Functional Lead for JagNet, STC's Faculty & Student Information Portal.**

Presenters



Robert Taylor is a Senior Programmer/Analyst in the Information Systems department of Information Technology in the Office of Information Services and Planning. He has worked for STC for over 6 years and works mostly with Student and Accounts Receivable processes in Banner and related areas. In addition to programming skills, Bob earned an MBA degree from Oral Roberts University and a Bachelor of Arts degree in History from the University of the South. Prior to coming to STC, he worked in IT for a national office supply retailer in the Chicago metropolitan area for 11 years. He has participated in and led contemplative groups in Riverside, IL and other cities. His wife is a professional musician and teaches full-time in her private music studio in McAllen. Two married children, their spouses, and two grandchildren (with one on the way) provide a good reason to visit Utah and Ohio from time to time. Collecting and watching Turner Classic Movies has become something of a hobby the past few years.



Patrick Woodin is the Interim Director of Food Services at STC, holds a Bachelors of Science in Hotel and Restaurant Management from the University of Houston and has over 19 years of restaurant and catering experience. He has worked in leadership roles for **companies such as Landry's – Joe's Crab Shack McAllen, Las Alamedas Restaurant** - Houston, Stonewerks Café & Bar – San Antonio, where his duties included Profit and Loss, Human Resources, Marketing, Scheduling, Inventory Control and Customer Service. He also owned a successful restaurant and catering business; Cornerstone Grill for over 8 years in the McAllen-Edinburg Area. He is responsible for the overall management of the cafeterias for South Texas College and his duties include budgets, staffing, menu analysis, purchasing, compliance, In-House Caterings and day to day operations.

Think Green!



In 2006, Americans drank about 167 bottles of water each. Sadly, only 38 bottles per person were recycled. That left 38 BILLION water bottles in landfills in 2006 alone. Plastic bottles take 700 years before they start to decompose. Please reduce your plastic bottle consumption by using your new stainless steel bottle.



Energy saved from 1 recycled aluminum can will operate a TV set for 3 hours, and is the equivalent to half a can of gasoline. Enough aluminum is thrown away every 3 months to rebuild every commercial airplane in America. Remember to recycle.



1 ton of carbon dioxide that is released in the air can be prevented by replacing every 75 watt light bulb with energy efficient bulbs, so change out all the bulbs in your house to energy efficient ones.



If just 25% of U.S. families used 10 fewer plastic bags a month, we would save over 2.5 BILLION bags a year. Remember to bring your own reusable bags to the store.



80% of deforestation in the Amazon rainforest is due to an increase in raising cattle for human consumption, so cut back on your meat intake. Try having a veggie dinner a couple of nights a week (**it's healthy for you!**).

Special Thanks to our Sponsors!

STC Classified Staff Professional Development Team

STC Professional/Technical Staff Professional Development Team

STC Instructional Technologies Department

STC Technology Support Services



STLA for Staff 2008
Casa de Palmas, Mama and her chicks

Office of Professional Development



Center for Teaching & Learning

Pecan Campus, Bldg. A - 152

3201 W. Pecan Blvd.

McAllen, TX 78501

Tel (956) 872-7269 - Fax (956) 872-6756

<http://academicaffairs.southtexascollege.edu/profdev/>

Statement of Equal Opportunity: No person shall be excluded from participation in, denied the benefits of, or be subject to discrimination under any program or activity sponsored by South Texas College on the basis of race, color, national origin, religion, sex, age, veteran status or disability. Individuals with disabilities requiring assistance or access to receive services should contact disABILITY Support Services at (956) 872-2513.