The McCCTI program was developed in partnership between South Texas College and the McAllen Independent School District to prepare at-risk students from McAllen ISD for attainment of a high school diploma. The objective is to ensure students graduate high school on time and mainstream them to South Texas College or any other college/university after graduation.

The program developed a variety of strategies to accomplish its objectives. These strategies include teaching classes in a college environment, utilizing the small learning communities concept with a low student-teacher ratio, providing instruction using the team teaching approach, offering TEA-approved Career and Technical education courses, and offering half-day 3 block instruction.